

Government of **Western Australia**

Department of **Health**

**Public and Aboriginal Health Division**

Communicable Disease Control Directorate

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**WA Department of Health**

**School Relationships and Sexuality Education (RSE)**

**Grant package**

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# About the Relationships and Sexuality Education grants

WA schools can apply for small grants of up to $1200 (excl. GST) to implement short projects and purchase resources to support the provision of comprehensive relationships and sexuality education (RSE).

Grants will be assessed on a first come first served basis in conjunction with eligibility requirements and awarded until budget is exhausted.

The GDHR School RSE Audit Tool has been developed to assist schools to identify RSE areas that can be improved and develop project ideas.

Grants are available for schools that have completed the audit tool and planned a project that directly addresses areas identified for improvement.

Examples of short projects and activities that may be implemented include:

* Relief teaching - to enable school staff to have non-contact time to develop policies, programs or undertake professional development in RSE. (NB: grants cannot be used to pay for outside professionals to conduct RSE training, internal salaries or wages, but can be used to pay for relief so that staff can be released to attend training).
* Parent workshops - facilitated by teachers and / or students.
* Competitions – e.g., to create adverts (radio / TV / social media) promoting positive RSE behaviours (e.g., how to seek help, how to manage changes, bodily autonomy).
* Health room - creation of a specific 'health' room that can be used to display RSE resources, conduct small group sessions, offer a safe space to chill out.
* Collaborative art piece - art piece with an RSE theme to promote healthy relationships.
* Puberty kit - Development of a puberty kit for puberty lessons (with examples of products that relate to puberty e.g., pads, tampons, period knickers, bra, shaver, deodorant, etc). See [GDHR Puberty Kits lesson](https://gdhr.wa.gov.au/-/puberty-kits).
* Creation of 'goodie bags' of assorted craft materials for the GDHR [Year 5](https://gdhr.wa.gov.au/-/reproductive-systems) and [Year 6](https://gdhr.wa.gov.au/-/reproductive-systems-revision) Reproductive systems lessons.
* Purchase of books/resources to support the GDHR lessons (See [GDHR Resources](https://gdhr.wa.gov.au/resources) section for ideas).
* Development of a whole school RSE Policy in consultation with parents.
* Development and implementation of a student led initiative to improve RSE knowledge, skills, attitudes, and behaviours of peers.

You can also apply for funds for an idea of your own! To read about some of the successful applicants visit the [GDHR website](https://gdhr.dev14.ibc.com.au/resources/gdhr-grants). If you would like to discuss your idea prior to the closing of applications, please contact [gdhr@health.wa.gov.au](mailto:gdhr@health.wa.gov.au).

The Western Australian Department of Health is offering small grants of up to $1200to WA schools to support their provision of comprehensive whole school relationships and sexuality education (RSE) programs.

# About GDHR

[*Growing and Developing Healthy Relationships*](https://gdhr.wa.gov.au/home) (GDHR) is a long-standing, widely used online education resource delivered by the Western Australian Department of Health Sexual Health and Blood-borne Virus Program. GDHR supports schools and educators to deliver strengths based comprehensive RSE with lesson plans, guidelines, resources, professional development opportunities and more.

GDHR employs the [World Health Organization’s Health Promoting Schools (HPS)](https://www.who.int/health-topics/health-promoting-schools#tab=tab_1) framework as a guiding policy. [The HPS framework is recognised as a best practice model for promoting health within a school community](https://iris.who.int/bitstream/handle/10665/378518/9789240094567-eng.pdf?sequence=1). Positive health outcomes are more likely when classroom health education is complemented and reinforced by a whole school-approach with a supportive school environment and effective links to family and the community.

RSE topics covered on the GDHR website include:

|  |  |
| --- | --- |
| * Communication skills | * Sexual health |
| * Growing bodies | * Sexuality and sexual behaviour |
| * Relationships | * Understanding gender |
| * Staying safe | * Values, rights, and culture |

Visit [gdhr.wa.gov.au/learning/learning-activities](https://gdhr.wa.gov.au/learning/learning-activities) for lesson plans and ideas on the above topics including:

|  |  |  |
| --- | --- | --- |
| * identifying emotions * expressing emotions appropriately * positive thinking * resilience * personal strengths * family & cultural identity * personal identity * beliefs and values * gender stereotypes | * trusted networks * consent * protective behaviours * respectful relationships * communication skills * positive coping strategies * managing changes * peer influence * bullying & discrimination * risk taking | * growing bodies * body image and media * puberty * conception, pregnancy & birth * help seeking * health literacy * sharps & blood safety * online safety * decision making skills |

# Grant application

1. **School details**

|  |  |
| --- | --- |
| **School name:** |  |
| [**ICSEA**](https://www.myschool.edu.au/more-information/information-for-principals-and-teachers/icsea-for-principals/)**:** |  |
| **School address:** |  |
| **Key contact name:** |  |
| **Contact email:** |  |
| **Contact phone:** |  |

1. **Description of the proposed short school community project**

|  |  |
| --- | --- |
| **Project title:** |  |
| **Describe the project that will be implemented using the grant funding (maximum 500 words):** | |
|  | |

1. **Areas of improvement identified using the School RSE Audit Tool**

|  |
| --- |
| **How will the proposed project directly address areas for improvement identified by using the School RSE Audit Tool and how will the project link to existing areas of strength? (maximum 500 words):** |
|  |

1. **Direct Link(s) to RSE topics listed on GDHR website**

Your project must directly link to an RSE topic listed on the GDHR website:

Communication skills  Growing bodies  Relationships  Sexual health

Sexuality and sexual behaviour  Staying Safe  Understanding gender

Values, rights, culture

For further information and ideas visit <https://gdhr.wa.gov.au/learning/learning-activities>.

|  |
| --- |
| **How does the project directly link to an RSE topic listed on the GDHR website (maximum 200 words):** |
|  |

1. **Benefit for students, staff, parents and the school community**

The aim of the *School RSE Grant* is to assist directly in the provision of a comprehensive RSE program for your school community. Please tick any of the following objectives that apply to your project:

Improving the RSE knowledge of young people.

Improving the RSE skills, attitudes and behaviours of young people.

Capacity building of teachers to deliver effective RSE in schools.

Capacity building of parents to more confidently approach effective RSE at home.

Community engagement to improve knowledge, attitudes, skills and behaviours in relation to RSE.

Developing a whole school approach to RSE.

Other (please specify):

|  |
| --- |
| **Describe the expected benefits (impacts and outcomes) of the project and how they will be measured (maximum 500 words):** |
|  |

1. **Target Group and Participants**

|  |  |
| --- | --- |
| **Target group:** |  |
| **Expected participant numbers:** |  |

1. **Amount of funding sought and expenditure**

Please provide details of items to be funded, for example a full list of resources (i.e., book names, game titles) or details of professional development to be attended if relief teaching is sought.

|  |  |
| --- | --- |
| **Expenditure items to be funded by grant**  **(*insert extra rows if needed*)** | **Estimated cost** |
|  |  |
|  |  |
|  |  |
| **Total cost of grant\*** \* Please note that the excluded GST amount cannot exceed $1200 | **$ (GST exc.)\*** |
| **$ (GST inc.)** |

1. **Application Checklist**

**Project planning:**

I have read and understood the grant application eligibility criteria.

I have attached a copy of the completed GDHR School RSE Audit Tool.

I will consult with representative/s from the target group about the project.

**Project implementation:**

I understand that an invoice with an ABN needs to be provided to WA Department of Health to process the grant payment.

I understand that the project itself needs be completed by the end of Term 4, 2025.

**Project Evaluation:**

Upon completion of the project, I will complete the project evaluation summary report and email it to [gdhr@health.wa.gov.au](mailto:gdhr@health.wa.gov.au) by the end of Term 4, 2025.

I understand the summary report must include a brief overview of the project, evaluation results and the acquittal of funds received by the WA Department of Health.

I will include photos of the project or event/s as part of the summary report and agree to have any submitted photos, newspaper articles and resources developed (i.e. posters or flyers) used to promote future RSE grants.

I will obtain written parental consent for the use of any photos and videos that include students, students’ work, parents or community member (if applicable). (See Department of Health consent form in Downloads section.)

1. **Project contact details**

|  |  |
| --- | --- |
| **Name:** |  |
| **Job title:** |  |
| **Email:** |  |
| **Phone:** |  |

1. **Fund administrator/Financial contact details (if different to Project contact)**

|  |  |
| --- | --- |
| **Name:** |  |
| **Job title:** |  |
| **Email:** |  |
| **Phone:** |  |

1. **Key contact declaration**

I declare that the information presented on this form is true and correct. I agree that, should funding be granted, I will be personally responsible for ensuring that my school will abide by the grant applicant eligibility criteria as outlined in the Application Form. Furthermore, I understand that signing below entitles the WA Department of Health to make further enquiries relating to the information disclosed on this form, if necessary.

|  |  |
| --- | --- |
| **Name:** |  |
| **Job title:** |  |
| **Signature:** |  |
| **Date:** |  |

1. **Authorisation by line manager or Principal**

|  |  |
| --- | --- |
| **Name:** |  |
| **Job title:** |  |
| **Signature:** |  |
| **Date:** |  |

**Email the completed Grant Application Form and School RSE Audit Tool to**

[**gdhr@health.wa.gov.au**](mailto:gdhr@health.wa.gov.au)

# Project evaluation

This evaluation must be provided upon completion of the project and emailed to [gdhr@health.wa.gov.au](mailto:gdhr@health.wa.gov.au) by end of Term 4, 2025.

|  |  |
| --- | --- |
| **Project implementation overview (200-300 words)**  What was carried out? How did your project address areas for improvement identified by using the School RSE Audit Tool? What went to plan? What did not go to plan? What worked well? What did not work well? What lessons were learned? What outcomes were achieved? | |
|  | |
| **Project aim** | |
| Improving the RSE knowledge of young people.  Improving the RSE skills, attitudes and behaviours of young people.  Capacity building of teachers to deliver effective RSE in schools.  Capacity building of parents to more confidently approach effective RSE at home.  Community engagement to improve knowledge, attitudes, skills and behaviours in relation to RSE.  Developing a whole school approach to RSE.  Other (please specify): | |
| **Evaluation (200- 300 words)**  How did your project meet the above aims? How did you measure this? e.g. pre and post surveys, participant numbers, quality of resources developed. | |
|  | |
| **Evidence of project – photos, newspaper articles, resources developed, etc**  **(NB: Parental consent forms must be obtained for photos including students)** | |
|  | |
| **Acquittal of funds** | |
| Funding received | $ |
| Breakdown of how funds were spent (insert extra rows if required) |  |
|  |  |
|  |  |
|  |  |
|  |  |
| **Total** | $  (GST exc.) |
|  | $  (GST inc.) |
| **Unexpended budget** | $  (GST exc.) |
|  | $  (GST incl.) |