✄Create a set of the following relay race cards for each group.

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| **Ovulation** | One egg from an ovary erupts from the follicle usually two weeks before menstruation. |
| **Hormones rise** | Once the egg has left the follicle, the follicle releases a hormone that helps to thicken the uterus lining in preparation for the egg. |
| **The egg travels to the fallopian tube** | The egg moves into the fallopian tube. It stays there for about 24 hours waiting for a sperm to fertilise it. |
| **If the egg is not fertilised** | If the egg is not fertilised by a sperm, it moves through the uterus and disintegrates. Hormone levels return to normal and menstruation starts. Another egg is maturing in an ovary ready for the cycle to commence again. |
| **Fertilisation** | If a sperm does make its way into the fallopian tube and burrow into the egg, it fertilises the egg. The egg changes so no other sperm can get it. |
| **Implantation** | The egg stays in the fallopian tube for about 3 days. During this time it starts dividing into many cells. It keeps dividing as it moves slowly through the fallopian tube to the uterus. It then attaches to the lining of the uterus. The lining of the uterus gets thicker and the cervix is sealed by a plug of mucus. It will stay in place until the baby is ready to be born. |