Physical (including sexual health)

*NB: Students may notice that many of these categories overlap and link. They may choose to record this in their own ways (e.g. arrows, colour coding, Venn diagram, etc)*

*STIs and BBVs*

*pregnancy*

*pleasure*

*alcohol and other drugs and sex*

*pain*

*physical ability and disability*

*sexual assault*

*intimate partner violence*

*physical violence*

*Consent – age of consent; ready, willing, able; intoxication*

*sexual assault*

*sexual harassment*

*sexual abuse*

*criminal record*

*sexting*

*pornography*

The law

Respectful relationships

*consent – ready, willing, able*

*communication*

*respecting boundaries and expectations*

*no pressure or coercion*

*safer sex*

*respect*

*intimate partner violence*

*\*when discussing these issues be sure to avoid victim blaming. They are potential negative consequences that are not ok and are not the fault of the people engaging in sexual activity.*

*impact on school/work*

*self-image*

*impact on friendships*

*impact on partner relationship*

*impact on family relationships*

*reputation\**

*bullying\**

*emotional literacy*

*being able to express emotions*

*self-esteem, self-image and body image*

*ability to manage big emotions*

*feelings towards partner*

*understanding own and partner’s emotional needs*

*mental health – depression, anxiety, bullying, self-harm, suicide (also in relation to coping mechanisms)*

Emotional

Social

Thinking about safety and wellbeing

with sexual activity