## Stingray (Aggressive)

##### Is a bad way to disagree because you hurt others to get what you want even if it’s not fair. You are only interested in winning.

## Jellyfish (Passive)

##### Is a bad way to disagree because you are a bit wishy-washy. You don’t stand up for what you want because you are frightened or want to stay friends. You give in or pretend that there is no problem.

## Starfish (Assertive)

Is a good way to disagree because you sort things out in a fair and friendly way so that both sides can win.

##### You speak up in a calm way

##### https://openclipart.org/image/300px/svg_to_png/184783/0063-aw-etoile-de-mer.pngYou say what you feel and what you want

##### You say sorry if you are wrong

##### You ask the other person what they feel

##### You ask the other person what they want

##### You ask for help if you both can’t sort it out

I mostly deal with disagreements the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_way.

The Starfish skill I would most like to practise is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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