Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Put a tick in the column that describes you.

|  |  |  |  |
| --- | --- | --- | --- |
|  | I do this most of the time | I do this sometimes | I need more practise  |
| I say thank you when someone helps me or does something for me |  |  |  |
| I say positive things about others ideas |  |  |  |
| I am a good listener |  |  |  |
| I am a good winner and loser |  |  |  |
| I am happy to share my things |  |  |  |
| I don’t talk about myself all the time |  |  |  |
| I share how I am feeling with others |  |  |  |
| I try to find things I have in common with others |  |  |  |
| I try not to tell people off when they make a mistake |  |  |  |