##  Cut out one set of cards for each group

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| Play with a pet or toy Click to view | Ask an adult or friend for helpClick to view | Laugh about itClick to view |
| Hit someonehttp://the-story-of-romeo-and-juliet.wikispaces.com/file/view/boys_fighting-_violence.jpg/260996552/boys_fighting-_violence.jpg | Tell the person “I am angry because…”C:\Users\he79974\Downloads\conversation-300px.png | Try to think of something else to doClick to view |
| Cry a lotClick to view | Walk away or go for a walkClick to view | Count to 10 slowlyClick to view |
| Think about how to solve the problemClick to view | Yell and screamClick to view | Tell yourself it’s okay to make mistakesClick to view |