



Curtin University



# GROWING AND DEVELOPING HEALTHY RELATIONSHIPS 2017: SUPPORTING SCHOOLS TO DELIVER EFFECTIVE SEXUALITY AND RELATIONSHIPS EDUCATION

Symposium – 1 September, 2017  
Curtin University, Bentley, WA

Make tomorrow better.



# WELCOME



Curtin University is pleased to welcome you all to the 'Growing and Developing Healthy Relationships' (GDHR) Symposium. This symposium is one of a range of strategies to enhance sexuality and relationships education in Western Australian schools. The *Sexuality and Relationships Education* program has been funded by the Public Health Division of the WA Department of Health (DoH) and is implemented through the Collaboration for Evidence, Research and Impact in Public Health in the School of Public Health at Curtin University. The DoH has recognised the importance of sexuality and relationships education in schools and the need to provide practicing and preservice teachers contemporary professional development.

The program aims to increase opportunities for practising and pre-service teachers to enhance skills in the area of sexuality and relationships education. The focus on sexuality and relationships education is especially important in today's changing society. Young people are beginning puberty earlier and at the same time are exposed to more complex social skills and new technologies. Research shows rates of sexually transmitted infections among young people in Western Australia are of concern and knowledge of STIs and transmission is poor. We also know many young people begin sexual activity during their secondary school years. There is significant research that highlights the importance of relationships and the association between positive relationships and good health and education outcomes. Issues such as bullying, which is now complicated by a range of virtual bullying possibilities; discrimination; gender identity; access to internet and social media; and communication, decision making and problem solving skills play a vital role in the health and wellbeing of young people in today's society. The *Sexuality and Relationships Education* program provides a range of professional development opportunities to explore this complex range of issues.

The Symposium program offers a range of exciting and innovative sessions. Symposium participants come from a diverse range of schools from all sectors. We hope the program provides you the opportunity to discuss, network and to strengthen the dedicated workforce in Western Australia.

**Associate Professor Sharyn Burns**  
Teaching Lead Health Promotion and Sexology  
Co-Director Collaboration for Evidence,  
Research and Impact in Public Health  
School of Public Health  
Curtin University



The Public Health Division of the WA Department of Health (DoH) is delighted to welcome teachers and educators to the third Symposium for schools on sexual health and relationships education (SRE) presented by the expert team from Curtin University.

It is indeed satisfying to witness how the original vision of and commitment to the establishment of a professional 'epicentre' for this work is now well embedded into the school health education landscape. This Service was originally tendered for in 2013 and re-tendered to 'test the market' last year. Curtin University again demonstrated their credentials and were reappointed to continue delivery of this Program.

Curtin University's teacher training and professional development program, inclusive of this Symposium, is funded by the DoH in response to the limited knowledge, increased risk and high rates of sexually transmitted infections (STIs) among young people. The prevention and control of STIs through the provision of high-quality, school based education about healthy relationships and sexual health is essential. To this end the DoH's teacher curriculum resource 'Growing and Developing Healthy Relationships' (GDHR) website also aims to supply a one-stop-shop level of support for SRE education.

You and your commitment as an educator is where the great work and the difference is made in students' future health knowledge, beliefs, behaviours and relationships. Your role in crucial primary prevention is the reason WA Health has a sustained commitment to teacher workforce development and the delivery of high quality SRE in WA schools.

The Symposium is an essential platform for presentation and dissemination of relevant research findings and showcasing exemplary practise across the school health education sector. My hope is that you will find this program offers new information and understanding, networking opportunities and a stimulating, energising and inspirational boost to your ongoing educational endeavours with young people.

**Maryrose Baker**  
Sexual Health and Blood-borne Virus Program  
Communicable Disease Control Directorate  
WA Department of Health

# PROGRAM

8.00-8.30	410.101	<b>Registration &amp; Stakeholder Showcase</b>
8.30-10.00	410.201	<p><b>MORNING SESSION - PART ONE</b></p> <p><b>Opening welcome</b> Master of Ceremonies: Associate Professor Sharyn Burns, Curtin University Welcome to Country: Neville Collard</p> <p><b>Welcome Address</b> Maryrose Baker, WA Department of Health</p> <p><b>Keynote Address</b> <b>Right from the Start: Empowering children from K-10 through sexuality education</b> Jenny Walsh; Consultant and Visiting Fellow, Australian Research Centre in Sex, Health and Society, La Trobe University</p> <p><b>Health Education: A strengths based approach</b> Dino Minalis &amp; Antoniett Halden; School Curriculum and Standards Authority</p>
10.00-10.30	410.101	<b>Morning tea &amp; Stakeholder Showcase</b>
10.30-12.00	410.201	<p><b>MORNING SESSION - PART TWO</b></p> <p><b>The Teachers' GDHR - ongoing improvement for our clientele!</b> Maryrose Baker, WA Department of Health</p>
11.15-12.00	410.201	<p><b>Stories from the Field</b></p> <p><b>Protective Behaviours - a whole school approach</b> Ailsa Williams; Riverside Education Support Centre</p> <p><b>Overcoming challenges with Year 9 boys</b> Chris Dillon; Child &amp; Adolescent Community Health</p> <p><b>Walking hand in hand - a shared perspective on sexual education</b> Craig Stein; Maida Vale Primary School</p> <p><b>Boys Club at Kensington Secondary School</b> Julia Johns &amp; Blake Polmear; Kensington Secondary School</p> <p><b>The new condom game</b> Nicola Coleman; Child &amp; Adolescent Community Health</p> <p><b>The RULER Approach - a whole school approach to social and emotional learning</b> Katy Howes; Presbyterian Ladies College</p> <p><b>CLOSE OF MORNING SESSION</b></p>
12.00-12.45	410.101	<b>Lunch &amp; Stakeholder Showcase</b>

## Some points to make your day more enjoyable:

- Feel free to approach any of our Curtin University volunteers throughout the day if you require assistance. They are all wearing bright Curtin t-shirts.
- Please take your time to look through this program, and to become acquainted with the venue and the location of breakout rooms.
- We encourage you to view our *Stakeholder Showcase* area located downstairs in Room 410.101. These agency displays will be available during the morning registration session, morning tea and throughout lunch.
- Please try to get to the various sessions on time, out of respect for the presenters and your fellow delegates.
- Professional photographs and videography will occur throughout the day. If you do not wish to have your photograph taken, please advise the registration desk at the start of the day.
- Certificates of attendance will be available for collection at the end of the day.
- Most slides presented today and some video recordings will be available to download from [www.gdhr.wa.gov.au](http://www.gdhr.wa.gov.au) after the event has concluded.
- We kindly ask all delegates to complete the enclosed evaluation and submit it at the end of the day.

To access free WiFi at this venue, please select the 'CURTINGUEST' network.  
Username: [gdhr@curtin.edu.au](mailto:gdhr@curtin.edu.au) Password: 4\$WW\*i

## PROGRAM (continued)

12.45-2.15	<b>CONCURRENT SESSIONS</b>					
	<b>410.307</b>	<b>410.305</b>	<b>410.306</b>	<b>410.314</b>	<b>410.428</b>	<b>410.209</b>
	SRE planning, assessment and reporting - ideas for PRIMARY schools Trisha Lee, Roseworth Primary School	SRE planning, assessment and reporting - ideas for SECONDARY schools Calandra Smith, Butler College	Creating safe and inclusive schools for LGBTI+ students, staff and families Olivia Knowles & Stephen Boccaletti, Safe Schools Coalition WA	How to teach 'The Practical Guide to Love, Sex and Relationships' from years 7-10 Jenny Walsh, La Trobe University	Protective Behaviours, but so much more Holly-ann Martin, Safe 4 Kids	Welcome to the SECCA App: An innovative SRE tool for children with special needs Ruth Swan, SECCA & Alan Jago, SSEN-D
2.15-2.30	<b>Changeover period, Afternoon tea available</b>					
2.30-4.00	<b>410.307</b>	<b>410.305</b>	<b>410.306</b>	<b>410.314</b>	<b>410.428</b>	<b>410.209</b>
	GDHR: A new unit-themed approach to delivering SRE in the secondary classroom Michelle Edwards, Perth Modern School & Penny Curtis, WA Health	Setting up your classroom to deliver SRE Jacqui Hendriks, Curtin University & Jean McKenzie, CACH	Talking STIs and BBVs Carley Robbins, WA AIDS Council; Matthew Armstrong, Hepatitis WA & Robyn Wansborough, Sexual Health Quarters	How to teach 'The Practical Guide to Love, Sex and Relationships' from years 7-10 Jenny Walsh, La Trobe University	Protective Behaviours, but so much more Holly-ann Martin, Safe 4 Kids	Welcome to the SECCA App: An innovative SRE tool for children with special needs Ruth Swan, SECCA & Alan Jago, SSEN-D
<b>Event concludes – Please return your completed evaluation form</b>						

A special thanks to the members of our symposium advisory committee who helped to compile our program:

Maryrose Baker, WA Health

Nicola Coleman, WA Health

Penny Curtis, WA Health

Sue Dimitrijevic, Sexual Health Quarters

Wendy Gregory, Island Health Learning

Jacqui Hendriks, Curtin University

Dylan Judd, Denmark SHS

Erin McKay, WA Health

Carley Robbins, WA AIDS Council

Felicity Roux, Curtin University

Sara St Jack, Kalamunda ESC

Thank you also to the Curtin University students who have volunteered at this event.

Curtin University offers a range of professional development opportunities in the area of school-based sexuality and relationships education. Upcoming events can be viewed at [www.sreteacherproject.eventbrite.com.au](http://www.sreteacherproject.eventbrite.com.au) Should you wish to join our mailing list, please email our Project Officer [scarlett.duncan@curtin.edu.au](mailto:scarlett.duncan@curtin.edu.au)

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