

Description

Short activities for students BEFORE they receive their HPV (Human Papilloma Virus) vaccine. These activities are a collection of activities and resources for you to choose from - they do not need to be delivered in this order and some activities cover the same content.

Learning focus

WA Curriculum link

Year 8: Contributing to healthy and active communities

Health promotion activities which target relevant health issues for young people and ways to prevent them

- *Investigating preventative health practices relevant to young people, and designing and implementing health promotion activities targeting these practices*

Australian Curriculum link: [ACCPS077](#)

Key understandings

FOR STUDENTS:

TAKE HOME MESSAGE: It is very important to have the 2 doses of the HPV vaccine at school as it protects me and my partner from some forms of cancer and genital warts.

WHAT'S IN IT FOR ME (WIFM): I am protected against a number of forms of cancer for free!

BACKGROUND INFORMATION FOR TEACHERS:

- Human papilloma virus (HPV) is a very common virus that affects both males and females.
- Four out of five people who have ever been sexually active will have HPV at some point in their lives.
- Nearly all cervical cancer is caused by HPV.
- The HPV vaccine protects against most of these cancers.
- All doses of the HPV vaccination must be taken to offer full protection against these cancers.
- HPV is highly contagious and can cause a variety of cancers and genital warts.
- In most of us the infection is invisible, harmless and goes away after a few months without causing any problems.
- HPV is spread through skin to skin contact. It is not spread in blood or other bodily fluids.
- Condoms protect against sexually transmittable infections (STIs), with HPV they only protect the skin that is covered.

HPV vaccine

Year Learning Activity

Materials

1. Video - Everything a teen should know about the HPV vaccine
2. Healthy WA website
3. Cancer Council website

Teaching and Learning Activities

Whole Class

Human papilloma virus (HPV) vaccine - Secondary School Immunisation Program (12-13 year olds)

Online video by Cancer Council Victoria - 4min 13 sec (located bottom right corner of home page - opens in new window)

Video shows students talking about:

- what HPV is
- what the vaccine does
- why you should have the vaccine
- what to do if you miss a dose
- safety of the vaccine
- success rate of the vaccine.

NB: the video mentions 3 doses/needles - it is now only 2 doses/needles

Whole Class

[Online video](#) by Cancer Council Victoria - 1min 59sec

Video shows students and nurses talking about:

- what happens on the day of the vaccination
- addressing common misconceptions about needles/vaccinations
- what questions the nurses ask
- what students thought of the experience.

Possible discussion questions and answers using LIE level questions:

(L) Literal

Does the needle hurt?

It is a little needle but it can sting a little bit as it pierces the skin. The nurses try to be as gentle and quick as possible.

HPV vaccine

Year Learning Activity

What are some of the tips the nurses give to students for the day of vaccination?

Eat breakfast before coming to school; drink plenty of water; try to relax your arm, don't clench your fist and wiggle your toes; count backwards from 10; talk to the nurses if you are worried.

What questions will the nurses ask you?

What is your full name? Do you have any allergies? Are you well today?

(I) Inferential

Why do the nurses ask these questions?

- *To ensure that they have the right person when giving the vaccine - making sure they have the consent form and to mark off the register who has had the vaccination*
- *To ensure that you are fit to receive the vaccine.*

What happens if you miss one of the vaccinations offered at school?

- *You may be able to go to get catch up vaccinations at your school*
- *Go to your GP, [community health clinics](#), [Central Immunisation Clinic](#)*
- *If you don't get the vaccination through the school vaccination program, it can be very expensive to get it later on in life and it gives you best protection if you have it before you are sexually active.*

(E) Evaluative

Why are HPV vaccinations important?

To protect yourself from many forms of cancer and genital warts. To protect your partner/s from cancer and genital warts.

Whole Class

[Powerpoint and accompanying lesson plans](#) from Cancer Council Australia

NB: Western Australian HPV vaccination is given in Year 8 (Some states are given in Year 7 and resources may need to be adapted accordingly)

HPV vaccine

Year Learning Activity

Whole Class

[Online video](#) by Cancer Council Victoria - 1min 30 sec

[Online video](#) by Department of Health - 3min 4sec (NB: Mentions 3 doses of vaccine - this is now only 2 doses)

Independent or Small Group

Department of Health WA

[For parents](#) - HPV

For parents - [Year 8 immunisation program](#) (including translations in 22 languages)

Cancer Council Australia

[For teens](#) - HPV

[For parents](#)

[For schools](#)

[The vaccine program](#)

Related assets (links to sections within GDHR site)

FAQ

[Why is there more than one needle for the HPV vaccine?](#)

Background Note

[HPV vaccine - information for parents/teachers](#)

Date printed

17 September 2019

